FAMILY AND CONSUMER SCIENCE LAB

TEAM NAMES

<u>KITCHEN</u> PERIOD:

PIZZA DOUGH

Bake 350 45 - 50 minutes

Ingredients

- 1 (.25 ounce) package active dry yeast
- 1 teaspoon white sugar
- 1 cup warm water (110 degrees F/45 degrees)
- 2 1/2 cups bread flour
- 2 tablespoons olive oil
- 1 teaspoon salt

Directions

- 1. Preheat oven to 450 degrees F degrees
- 2. In a medium bowl, dissolve yeast and sugar in warm water. Let stand until creamy, about 10 minutes.
- 3. Stir in flour, salt and oil. Mix until smooth. Let rest for 5 minutes
- 4. Turn dough out onto a lightly floured surface and roll into a round circle. Transfer crust to a lightly greased pizza pan dusted with cornmeal.
- 5. Spread with desired toppings and bake in preheated oven for 15 to 20 minutes, or until golden brown.
- 6. Let baked pizza cool for 5 minutes before serving.

